

March 8th, 2020  
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### International Women's Day in Lisbon

Today was the International Women's Day parade in Lisbon, or also known as the Greve Feminista Internacional in Portuguese. March 8th marks a globally celebrated day acknowledging the social, economic, cultural and political achievements of women. This year I spent it taking photos and interviewing protesters. I took many photos and had great conversations with people ranging from all ages, from 5 to 80-year-olds. This parade had it all. I also enjoyed the protest and danced around with the crowd, yelling Portuguese texts about the strength of women. There were opportunities throughout the week to join the fight for women's rights and equality in Lisbon. Last year, according to the platform, Rede 8 de Março, 30,000 people participated in last year's demonstration. This year it was a bit less, but nonetheless, it was a great day to collectively stand up for injustice against the woman. Many organizations and people from all countries came together to celebrate the woman and it was a good turn out. The vibe was very positive and we walked from the Luís de Camões Square through the small and narrow streets of Lisbon, until we reached the Lisbon Parliament building. The friendly faces that enjoy the music, movement and each other are priceless to observe. I spoke to the parents of two young 5-year-old girls that carried around posters and had lovely purple headbands with the text, "All we want is LOVE." The parents of the girls mentioned that they want their girls to know that all is possible and that people are trying to change the injustices so that they will not have to face it as strongly when they are older. It has been a very rewarding day.

